



**UNICOI**  
STATE PARK & LODGE

## **Mountain Bike Trail**



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### **Adventure Description**

8 mile loop of compacted soil Surface.

The trail is rated Moderate to Strenuous and takes 2.5 hours

This bike-only trail takes riders over mountainous terrain and over ridges with scenic over looks, then back to park. This trail, is intended for experienced riders, and has been used for several national and regional racing events. Trail head located at the angler/Mt. Biking parking area.

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### **Pricing**

\$5 Park Pass required

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### **What to Bring**

- ▶ Sunglasses
- ▶ Lip balm
- ▶ Sunscreen
- ▶ Hat or visor
- ▶ Camera (optional)
- ▶ Weather appropriate clothing (preferably synthetic\*)
- ▶ Closed toe shoes
- ▶ One-quart water bottle or bladder pack
- ▶ Personal prescriptions (i.e. EpiPen or Inhaler\*)
- ▶ Bike gloves (optional)

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### **Location - Where to Meet**

Mountain Bike Facility - Located in day use area  
near Smith Creek Field